

Microlaparoscopic Tubal Ligation

Microlaparoscopic tubal ligation is a minimally invasive, “sutureless” surgical approach for tubal ligation. The procedure is typically performed in an outpatient surgical facility that is equipped with modern monitoring equipment for maximal patient comfort and safety.

A mild sedative is administered prior to the procedure. Using the latest in microlaparoscopic instrumentation, the physician inserts a small “needle-like” scope of less than 3 mm in size (about 1/10 of an inch) into the abdominal wall under local anesthesia with minimal discomfort. The fallopian tubes are blocked by cautery in order to prevent the flow of eggs into the uterus. No sutures are required, resulting in a virtually “scarless” surgery. The procedure takes approximately 20 to 30 minutes to complete and, unlike vasectomy, can be relied upon to provide sterilization immediately with no follow-up testing required. Patients are generally able to leave the facility shortly after the procedure is completed.

As is the case with any surgical procedure, microlaparoscopic tubal ligation requires a consultation and full discussion of the procedure and alternative therapies with your physician before scheduling the surgery. Although this new technique is expected to be very beneficial to many women, other options may be more desirable in certain circumstances.