

Post laser hair removal care

- Immediately following your treatment, the treated area may be red with some minor swelling (mostly around the hair follicle). This may last from a few hours to a few days, your skin may feel like you have a minor sunburn. You may treat this with a cool compress as needed.
Please never apply ice directly to your skin; always use a barrier (such as a facecloth).
- Please treat your skin as if it were fragile for the next 5 days. Cleanse the treatment area with a mild soap and pat dry. Wait at least 24 hours to apply lotions, make up or deodorants directly on the treated areas. If you did not have your underarms treated or face treated of course this does not apply.
 - Belleza does sell a professional grade safe makeup that may be applied immediately after treatment if needed. I'm always happy to help you with a sample following your treatment.
- A potential, but very rare side effect from laser hair removal can be "crusting". This could occur as a result of the laser (which produces heat) peeling back a superficial layer of skin leaving an open area that crusts over. If you notice crusting, please contact me directly to ensure that I answer all your questions and concerns. Typical treatment for crusting generally consists of keeping the area covered with an ointment such as bacitracin, triple antibiotic or aquaphor at all times 24/7 for 7-10 days until the area completely heals.
- Approximately 14 days after each treatment the affected hairs will begin to shed (fall out). You may use a soft cloth to exfoliate the area (such as a Shobha cloth) to facilitate the process. Please do not pick, scratch, wax or thread the area as this is too aggressive.
- Please avoid sun tanning the treated areas for 2 weeks and as always, sunscreen is recommended.

If you have any questions or concerns following your treatment, please reach out to Carolyn McMahon directly at 603-848-7752.